



**COLORECTAL CANCER**  
The cancer *you* can prevent.

[www.TheCancerYouCanPrevent.org](http://www.TheCancerYouCanPrevent.org)

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Prevention section at 971-673-0984. OHA 9616



A Centers for Disease Control and Prevention-funded campaign

**I got screened.**



**Now,  
I'm talking  
about it.**

**Wendy Richardson**  
Gearhart, Oregon

**Colorectal cancer** is the second most deadly form of cancer, but it doesn't have to be. Screening can prevent it or catch it early when it's highly treatable.

Unfortunately, too few men and women in Oregon are being screened.

If you've been screened for colorectal cancer, please **share your story**.

People are much more likely to get screened if they're encouraged by someone they know and trust:

A spouse or partner.

A friend or coworker.

Their employer or doctor.

If you haven't been screened yet for colorectal cancer, talk to your doctor about the screening option that's right for you.

## Here's what you can tell people you know:

- Colorectal cancer is the second most deadly form of cancer, but it doesn't have to be.
- Screening can prevent cancer or catch it early when it's highly treatable.
- Everyone over 50 (45 for African Americans) should be screened.
- Most insurance plans cover 100% of the cost of screening with no co-pays or deductibles. Even without insurance, there are low cost, reliable options.
- Ask your doctor what's right for you. Then, do what I'm doing. Tell someone else.

And be sure to keep in touch with your doctor about when you need to be rescreened.

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"I put off getting screened for colorectal cancer. Finally, at age 55, I gave in to my doctor's urging. I'm sure glad I did as my doctor found and removed a few polyps, successfully preventing cancer."

**Karen King**  
Pendleton, Oregon



"Screening allowed my doctor to catch and treat my cancer successfully. I feel lucky to have a 'second wind' on life. Colorectal cancer is preventable, treatable and beatable."

**Tom Foeller**  
Oak Grove, Oregon



"Four years ago, I had a polyp removed, which would have likely become cancer. I'm so thankful that getting screened allows me to live a healthy, fulfilled life."

**Former Senator  
Bob Boyer**  
Portland, Oregon