



COLORECTAL CANCER

The cancer *you* can prevent.

www.TheCancerYouCanPrevent.org

To request this publication in another format or language,
contact the Health Promotion and Chronic Disease
Prevention section at 971-673-0984.

OHA 9616 A



A Centers for Disease Control and Prevention-funded campaign



I got screened.
Now,
I'm talking
about it.

Chief William Landis
Grants Pass, Oregon

Colorectal cancer is the second most deadly form of cancer, but it doesn't have to be. Screening can prevent it or catch it early when it's highly treatable.

Unfortunately, too few men and women in Oregon are being screened.

If you've been screened for colorectal cancer, please **share your story**.

People are much more likely to get screened if they're encouraged by someone they know and trust:

A spouse or partner.

A friend or coworker.

Their employer or doctor.

If you haven't been screened yet for colorectal cancer, talk to your doctor about the screening option that's right for you.

Here's what you can tell people you know:

- Colorectal cancer is the second most deadly form of cancer, but it doesn't have to be.
- Screening can prevent cancer or catch it early when it's highly treatable.
- Everyone over 45 should be screened.
- Most insurance plans cover 100% of the cost of screening with no co-pays or deductibles. Even without insurance, there are low cost, reliable options.
- Ask your doctor what's right for you. Then, do what I'm doing. Tell someone else.

And be sure to keep in touch with your doctor about when you need to be rescreened.

www.TheCancerYouCanPrevent.org



“Prevention! Prevention! Prevention! I often believe that people look at this type of issue as an “older” person issue, but it isn't!”

Jennifer Susi
Medford, Oregon



“It is such a simple test and it is too bad that many people do not get the test because of the fear of it being so unpleasant. At most, it was a small inconvenience in my daily routine.”

Rick Rankin
Medford, Oregon



“This is a relatively easy way to save your life. There is no need to be embarrassed – the procedure is straight forward and doesn't take long.”

Jackie Schad
Medford, Oregon