



COLORECTAL CANCER
The cancer *you* can prevent.

www.TheCancerYouCanPrevent.org

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I got screened.
Now,
I'm talking
about it.

Chief William Landis
Grants Pass, Oregon

Colorectal cancer is the second most deadly form of cancer, but it doesn't have to be. Screening can prevent it or catch it early when it's highly treatable.

Unfortunately, too few men and women in Oregon are being screened.

If you've been screened for colorectal cancer, please **share your story**.

People are much more likely to get screened if they're encouraged by someone they know and trust:

A spouse or partner.

A friend or coworker.

Their employer or doctor.

If you haven't been screened yet for colorectal cancer, talk to your doctor about the screening option that's right for you.

Here's what you can tell people you know:

- Colorectal cancer is the second most deadly form of cancer, but it doesn't have to be.
- Screening can prevent cancer or catch it early when it's highly treatable.
- Everyone over 50 (45 for African Americans) should be screened.
- Most insurance plans cover 100% of the cost of screening with no co-pays or deductibles. Even without insurance, there are low cost, reliable options.
- Ask your doctor what's right for you. Then, do what I'm doing. Tell someone else.

And be sure to keep in touch with your doctor about when you need to be rescreened.

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“For those who put this off at age 50 when it is recommended you are gambling with your health and future life longevity. If not for yourself, do it for your loved ones who want and need you around for a long healthy life.”

Chief William Landis
Grants Pass, Oregon



“I know of several people who have had colorectal cancer, two who had cancer found during a regular screening procedure. They are alive today because their cancer was found early.”

Leslee OBrien
Merlin, Oregon



“It is such a simple test and it is too bad that many people do not get the test because of the fear of it being so unpleasant. At most, it was a small inconvenience in my daily routine.”

Rick Rankin
Medford, Oregon