

A special request from...



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Portland, Oregon



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Colorectal cancer is the second most deadly form of cancer, but it doesn't have to be. Screening can prevent the cancer or catch it early when it's highly treatable.

But, too few men and women in Oregon over 50 (45 for African Americans) are being screened.

People who have been screened can play a significant role in changing this. Research shows that most people get screened because they were encouraged by someone they know and trust.

So, if you've been screened for colorectal cancer, please talk about your experience and encourage others to get screened too.

Consider sharing this information:

- Everyone over the age of 50 (45 for African Americans) should be screened for colorectal cancer, even if they have no family history or symptoms.
- Most insurance plans cover 100% of the cost of screening with no co-pays or deductibles. Even without insurance, there are low cost, reliable options.
- Talk to your doctor about the screening option that is right for you.
- Make and keep your appointment to be screened. **Then do what I'm doing: *tell someone else.***

Your story can save a life.

For more information about how to prevent colorectal cancer, please visit
www.TheCancerYouCanPrevent.org

This document can be provided upon request in alternative formats for individuals with disabilities or in a language other than English for people with limited English skills. To request this form in another format or language, contact the Oregon Comprehensive Cancer Control Program at 971-673-0984 (TTY: 971-673-0372) or katherine.a.mix@state.or.us. OHA 9618

